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Dead bodies of Khoupum tragedy cremated; President of India, PM, Manipur Guv', CM among others condole

Imphal, Dec 22:

Dead bodies of the Khoupum tragedy at which 9 people including 7 students were today conducted autopsy at JNIMS (Jawaharlal Nehru Institute of Medical Sciences) today morning and later cremated after paying flo-ral tribute at Thambalnu Higher Secondary School at Yairipok Top Chingtha Leikai

in Imphal East district.

The seven girls have been identified as Laishram Roma (17) D/o L Ramchandra of Yairipok Sifai Leikai, Thangjam Chingkheilembi (17) D/o Th Binoy of Yairipok Top, Konthoujam Menaliya (17) D/ o K Sanatomba of Khonthoujam Poirou Khonjin Yairipok, Moirangthem Dolly (18) D/o M Naoba Singh of Yairipok Top, Laikhuram Bita (18) D/o of Ingocha of yairipok Laimanai (succumbed at Raj Medicity), Loitongbam Athoi (16) D/o of Shagor of Yairipok Yambem (succumbed at Raj Medicity) and Phanjoubam Rita (17) D/o Loken of Andro Khunou Karongthel. The other two are school teacher Sanasam Kishan (32) S/o S Khomei of Thoubal Sabaltongbi and Yumnam Mitkhubi (42) W/o Y Premjit

As per report 30 injured victims of the Khoupum tragedy that occurred yesterday after a bus carrying the stu dents and teachers rolled down on a hill slope while turning a steep blind corner and felt upside down to the road, are presently undertaking treatment at Raj Medicity. 6 (Six) of the injured are reported to be in ICU in critical condi-

Meanwhile, President of India Droupadi Murmu, Prime Minister Narendra Modi, Governor of Manipur La Ganeshan, Chief Minister N. Biren Singh among others condole the tragic accident where 9 people including 7 students were dead. Chief Minister N. Biren Singh had already an-nounced to bear all the treatment cost of the accident victims and also announced ex-gratia of Rs. 5 lakhs to all the deceased. For those with seri-ous injury the Chief Minister had announced Rs. 1 lakh and 50 thousands for those with minor injuries.

"Saddened to learn about the accident of a school bus carrying children in Noney district of Manipur. The loss of precious young lives is distressing. My deepest condo-lences to the bereaved families. I pray for speedy recov-ery of the injured," Rashtrapati

avan tweeted. Prime Minister Narendra Modi also condoled the deaths in a tragic bus accident in Noney district of Manipur.

The Prime Minister announced ex-gratia of Rs 2 Lakhs to the next kin of the deceased and Rs 50,000 to those injured in the bus accident from Prime Minister's National Relief Fund National (PMNRF).

"Anguished by the loss of lives in Manipur's Noney dis-trict due to a tragic bus accident. My thoughts are with the bereaved families. I hope the injured recover soon. The Manipur government is pro-viding all possible assistance to those affected," tweeted Prime Minister's Office

"Án ex-gratia of Rs 2 lakh from PMNRF would be given to the next of kin of each deceased in the bus accident. The injured would be given Rs 50,000," added PMO. Meanwhile, Zillai (Vaiphei

Students' Association) General Head Quarter, All Tribal Students' Union Manipur (ATSUM) Socialist Student Union of Manipur (SSUM), All Manipur Christian organisation (AMCO), MACHA LEIMA among oth-Christian ers also condoled the Khoupum tragedy.

Governor visits accident survivors and enquires their health

IT News Imphal, Dec:

Governor of Manipur La. Ganesan today visited the oranesan today visited the injured students and teach-ers of yesterday's accident at Longsai Part-III(Tubung) along the Old Cachar Road in Noney district and enquired about their health con-ditions. After the fatal accident, they have been admit-ted and undergoing treat-ment in Regional Institute of Medical Sciences (RIMS) and Raj Medicity in Imphal.

Governor visited Raj Medicity where he met all the injured students and teachers one by one and enquired about their health. He expressed solidarity with them and also prayed for speedy recovery. Governor also met with family members of the students and consoled them for their unbearable pain and sor-row. He asked the doctors and hospital administration for giving utmost care and sup-port for them. Later, talking to newsmen. Governor said, it was the most unfortunate ac



cident that claimed many pre-cious lives and injured many students. He said, he prayed for the departed souls and also prayed for speedy recovery of those injured in the accident Most of the injured are out of danger, he added.

Later, Governor went to RIMS where he met all the injured students and enquired about their health. He wished them for speedy recovery and asked the doctors and hospi-tal administration for giving utmost care and support for them. Hospital sources said, of the total 7 admitted vesterday, 1 is in ICU, 3 are at Ortho

ward and 3 are in Surgical ward.

According to Raj Medicity, of the total 32 in-jured which were admitted in the hospital, 2 had expired last night, 6 are in ICU and 8 are in the medicine ward. Remaining injured students are out of danger.

PM Modi to chair a high-level meeting to review covid situation

Agency New Delhi, Dec 22:

Prime Minister Narendra Modi will hold a high-level meeting this afternoon to review the covid situation and related aspects in the country. The meeting will be held in view of recent spike in COVID-19 cases in China. Japan, South Korea, France, and the United States. Yesterday, Health and Family Welfare Minister Dr. Mansukh

level meeting on COVID-19

situation in the country.
Reiterating that COVID is not over yet, he directed the officials to be fully geared up and strengthen surveillance. The Minister also urged people to follow COVID appropriate behaviour and get vaccinated against the coronavirus. It was briefed that a new and highly transmissible BF.7 strain of been found to be behind a wider surge of COVID infections in China

Art of Living pitches in to upgrade ITI labs

IT News Imphal, Dec 22:

In a move that will add significant value to the students of government ITIs, the Art of Living has completed the upgradation of Electrical and Solar training labs at the In-dustrial Training Institutes (ITIs) at Takyel and Phaknung. A combined cer-emony was held yesterday at ITI Takyel to inaugurate the upgraded lab.

Speaking on the occasion, H Dingo Singh, Minister for Social Welfare, Skills, Labour, Employment & Entrepreneur-ship, Govt of Manipur, lauded the initiative of the Art of Living and offered to explore the possibilities for further collaboration with the international NGO, founded by renowned spiritual guru and humanitarian Gurudev Sri Sri Ravi Shankar with a presence in 180 countries.

Sri Sri Rural Development (SSRDP) Trust, the Rural & Skill development arm of the Art of Living, undertook the upgradation of the labs at two ITIs under its Centres of Excellence initiative in collaboration with its CSR partners.

'Our objective is to upgrade the infrastructure of dents get the right and up-todate exposure to be able to compete in the job market," explained Shri Laishram Dixon, the Program Coordinator of the Art of Living, "We also plan to provide the Art of Living's globally acclaimed Capacity Building and Behavioural training to the

students," he added.
"Two trainers from each
ITIs have been provided advanced training by SSRDP free of cost at its labs in Banga-lore," said P. Robindro Singh, Joint Director, Joint Director Joint Director, Directorate of Employment and Craftsmen Training, Govt of Manipur.

Royal Riders of Manipur conduct their 24th medical in Khayang Village



Imphal, Dec 22:

The Royal Riders of Manipur conducted their 24th free medical camp at Khavang village in Ukhrul district today

During the camp, around 50 villagers received medical treatment from 4 doctors, who further provided them with

Shang Shimrei, Assistant stor, Khayang Village, shared that everything is lacking in their village. He further shared that Khayang village residents face serious inconveniences in the health sector as the village is located at the Indo-Myanmar border. There is also no electricity in the village, so the residents are rely-

All set for construction of **Dalit School in Manipur**

IT News Imphal, Dec 22:

All Manipur Dalit Development Association made Manipur Dalit School Committee is all set to start the construction of Manipur Dalit School. The Committee have Nine Members . The president and Vice President of the Manipur Dalit School Committee are Dr. T.M. Rajen Ayangba, presi-

dent of All Manipur Dalit Development Association and Seram Ramcharan. The and Seram Ramcharan. The General secretary and Joint Secretary of this Committee are M. Manikanta and Thiyam Bhavananda; Naorem Brojen as Treasurer; Nithoujam Ibochou as Advisor; Th . Santosh, M. Maichon and Ch. Beny as executive member are selected for Manipur Dalit School Committee.

'Wear masks at public places, avoid gatherings': IMA issues advisory to avoid impending COVID outbreak

Agency New Delhi, Dec 22:

Amid a sudden surge in COVID-19 cases in some coun-tries around the world, the India Medical Association (IMA) on Thursday issued an advisory to contain the spread

of the virus.

"In view of the sudden surge of COVID cases in different countries, Indian Medical Association alerts and appeals the public to follow COVID appropriate behaviour with immediate effect," the top doctor's body said in the advi-

As per the available reports, nearly 5.37 lakhs new coronavirus cases have been reported in last 24 hours from major countries like USA, Japan, South Korea, France and Brazil. India has reported 145 new cases in last 24 hours out of which four cases are the new China variant — BF.7, it said.

The IMA asserted that India will be able to manage any eventualities given the robust infrastructure in public as well as in private sector, dedicated medical manpower, pro-active leadership support from the gov-

ernment and availability of sufficient medicines and vaccines

The top medical body also appealed to the government to upscale the preparedness for any such situation as seen in 2021 by issuing necessary instructions to the concerned ministries and departments to make available the emergency medicines, oxygen supply and ambulance services

"As of now, the situation is not alarming and therefore there is no need to panic. Pre-vention is better than cure," it

The IMA advised all to

take the following necessary steps to overcome the impending COVID outbreak

1. Face masks are to be used in all public places.

2. Social distancing is to be maintained.

3. Regular hand washing with soap and water or

sanitizers.

4. Public gatherings like marriages, political or social meetings etc. to be avoided.

5. Avoid International travel.
6. Consult the doctor in

case of any symptoms like fe-ver, sore throat, cough, loose

motions etc.

7. Get your COVID vacci-nation including precautionary dose at the earliest.

8. Follow the government advisory issued from time to time.
"The Indian Medical As

sociation with more than 3.5 lakhs medical practitioners across the county is commit-ted to fight the dreaded disease and assures the government its full cooperation and participation in all activities of preventive and curative measures," the IMA said.

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Police Officers Not Required To Do 'Moral Policing': SC

By: Sanjeev Sirohi, Advocate

While sending out a very strict, sensible and significant message, the Apex Court as recently as on December 16 has in an extremely learned, laudable, landmark, logical and latest judgment titled CISF and others vs Santosh Kumar Pandey in Civil Appeal No. 8671 of 2015 in exercise of fits civil appellate jurisdiction has laid down that police officers are not required to do moral policing. This was held so while upholding the dismissal of a CISF personnel who was found to have harassed a couple at night. It must be informed here that the Court was deciding an appeal that was filed by the Central Industrial Security Force against a judgment of the Gujarat High Court which directed the reinstatement of a CISF officer named Santosh Kumar Pandey who was dismissed from service for misconduct.

dismissed from service for misconduct.

At the very outset, this brief, brilliant, bold and balanced judgment authored by Hon'ble Mr Justice Sanjiv Khanna for a Bench of the Apex Court comprising of himself and Hon'ble Mr Justice JK Maheshwari sets the ball in motion by first and foremost putting forth in para 1 that, "This appeal, which has been preferred by Central Industrial Security Force (For short, "CISF"), and two others, takes exception to the judgment dated 16.12.2014 in Special Civil Application No. 13718 of 2004, whereby the High Court of Gujarat has allowed the writ petition preferred by Respondent No.1 – Santosh Kumar Pandey and directed his reinstatement in service with 50% back wages from the date of his removal."

in service with 50% back wages from the date of his removal."
To put things in perspective, the Bench then envisages in para 2 that,
"Respondent No. 1 – Santosh Kumar Pandey, who was working as a
constable with the CISF, was posted at the Greenbelt Area of the IPCL
Township, Vadodara, Gujarat, where he was charge-sheeted vide memorandum dated 28.10.2001 on allegations of misconduct, which allegations
we shall refer to in some detail subsequently. Respondent No.1 – Santosh
Kumar Pandey having denied the allegations, Deputy Commandant - N.K.
Bharadwaj was appointed as the Inquiry Officer, who vide his report
dated 28.01.2002 held that the charges levelled against Respondent No.1

Santosh Kumar Pandey stand proven. Respondent No.1 – Santosh
Kumar Pandey made a representation, and thereby questioned the inquiry report and claimed that he should be exonerated of the charges. The
disciplinary authority, however, vide order dated 23.02.2002, agreed that
the charges were proved and penalty of removing Respondent No.1 –
Santosh Kumar Pandey had preferred an appeal that was rejected by the
appellate authority vide order dated 08.05.2002. Revision petition filed by
the Respondent No.1 – Santosh Kumar Pandey had preferred an appeal that was rejected by the
appellate authority vide order dated 08.05.2002. Revision petition filed by
the Respondent No.1 – Santosh Kumar Pandey was rejected vide order
dated 08.04.2003."

As it turned out, the Bench then states in para 3 that, "These orders, including the inquiry report, were challenged by Respondent No. 1 – Santosh Kumar Pandey vide Special Civil Application No. 13718 of 2004, which, vide impugned judgment, has been allowed, as per the directions set out above."

Without mincing any words, the Bench then observes in para 5 that, "In

Without mincing any words, the Bench then observes in para 5 that, "In our opinion the reasoning given by the High Court is faulty on both facts and law. To avoid prolixity, as there is a short issue that arises for consideration, we are not separately referring to the arguments by both sides, as these have been considered during the course of our reasoning."

Be it noted, the Bench notes in para 6 that, "We begin by referring to the

Be it noted, the Bench notes in para 6 that, "We begin by referring to the allegation of misconduct by Respondent No.1 – Santosh Kumar Pandey, on the intervening night between 26.10.2001 and 27.10.2001, when he was posted as a Constable on night duty at the Greenbelt Area of the IPCL Township, Vadodara, Gujarat. As per the chargesheet, on 27.10.2001 at about 1:00 a.m., Mahesh B. Chaudhry and his finacée had passed through the area on motorcycle and had stopped in the corner, which is when Respondent No.1 – Santosh Kumar Pandey had come forward and had questioned them. Respondent No.1 – Santosh Kumar Pandey taking advantage had told Mahesh B. Chaudhry that he would like to spend some time with his fiancée. When Mahesh B. Chaudhry had protested and did not agree, Respondent No.1 – Santosh Kumar Pandey had asked Mahesh B. Chaudhry to give something to him. Mahesh B. Chaudhry had then given the watch he was wearing to Respondent No.1 – Santosh Kumar Pandey. On the next day, i.e. 27.10.2001, at about 8:00 p.m., Mahesh B. Chaudhry wrote a written complaint stating the facts. Respondent No.1 – Santosh Kumar Pandey was called and confronted. What transpired has been recorded and noted in the inquiry report, and the same will be noticed below, when we refer to the statements of the witnesses."

It would be worthwhile to mention that the Bench specifies in para 14 that, "The order passed by the disciplinary authority considers the objections raised by Respondent No. 1 – Santosh Kumar Pandey, and refers to the statements and evidence on record to hold that the charges were proven.

On the question of withdrawal of the complaint, he elaborated that Respondent No. 1 – Santosh Kumar Pandey had returned the watch and thereupon, Mahesh B. Chaudhry had returned to the CISF Office and made a written request stating that he would like to withdraw the complaint. We agree that the letter to withdraw the complaint will not nullify or exonerate Respondent No. 1 – Santosh Kumar Pandey of the charges. Respondent No. 1. Santosh Kumar Pandey had accepted he had taken the watch from Mahesh B. Chaudhry on the intervening night of 26.10.2001 and 27.10.2001, which was returned after Mahesh B. Chaudhry had made a written complaint on 27.10.2001. On return of the watch, Mahesh B. Chaudhry had made a written request to withdraw the complaint."

It cannot be glossed over that the Bench then states in para 15 that,
"Paragraph 8 of the impugned judgment only partially records and refers to
the facts stated by Mahesh B. Chaudhry, but does not refer the background, including the incident on the intervening night of 26.10.2001 and
27.10.2001. Significantly, the High Court did accept that Respondent No. 1
– Santosh Kumar Pandey had returned the watch that he had taken from
Mahesh B. Chaudhry. The last portion of the said paragraph, in fact, admits
that Mahesh B. Chaudhry, on being questioned, had stated that Respondent No. 1 – Santosh Kumar Pandey had made a demand of spending time
with his fiancée."

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Career counselling: A Life Guidance tool



By: Er. Prabhat Kishore

Present day youths have shifted from traditional degree courses to joboriented vocational and skill training courses. Millions of youth are being trained in a variety of skills through short-term skill training programs in India. Career counselling is one of the factors that influence the uptake of skill training programs and their resultant culmination in desirable jobs. With career counselling, candidates' chances of success are maximised in a career line commensurate with their interests, personalities, aptitudes, and job market realities.

Career counselling is a guidance tool that helps individuals make informed choices on a prospective career path. It evaluates an individual's aptitudes, interests, skills, and capabilities, and may also include context relevant factors, including data of the job market and average compensation expectations, the individual's access to resources, etc. to arrive at suitable career options. The need of the hour is to approach "Career counsellor" with a view of creating a comprehensive and standardized framework.

sive and standardized framework.

The career counselling solution envisages to yield the following: 1. Profile interests, attitudes, and skills of candidates through psychometric assessment tools, 2. Access to consolidated knowledge and insights to candidates to reduce information asymmetries, 3. Offer guidance (group or individual sessions) on viable career options to students seeking to

acquire skill, covering vocational and professional avenues, 4. Career counselling solution be available in multiple different regional languages for access to all interested candidates, 5. Offer technology-based solutions for smooth implementation across diverse regions along with Project Management Dashboard to view real time logins, assessments taken, Counselling facilitators created, and group/individual counselling sessions conducted, 6. Capacity building of vocational trainers and other designated resources to act as counselling facilitators, 7. Resolving doubts and queries on career pathways and troubleshoot on tech-platform related issues through a dedicated helpline and support contact centre.

The candidates from in-school, school drop-out, out-of-education segment and others, on registration/enrolment shall undergo a standard-ized solution, which covers the following essential components:

lowing essential components:

1. Career/ Livelihood knowledge
base: A digital platform will be offered
to all candidates to access detailed
and relevant information for informed
career choices and decisions. The
platform will provide detailed information on professional as well as
vocational pathways, information on
industry clusters and livelihood related data points.

2. Career Assessment Tool: A carear assessment tool will be made available to all candidates through log-in to the portal. The career assessment will be based on personality, aptitude and interest of a candidate, thereby creating a holistic psychometric assessment and analysis. Based on the career assessment, a detailed analysis report for each will be available online, under the personalized log-in for the individual candidates to access digitally.

dates to access digitally.

3. Career Counselling and guidance: The purpose of providing counselling is to empower candidates to take informed career decisions based on the correct interpretation of the

career assessment report, through counselling facilitators. The selected career counselling agency will be required to provide various options for counselling the candidates.

4.Capacity building of Counselling facilitators: The nominated trainer/other staff would have to be trained through an orientation module to handle the career counselling needs of the candidates in line with the career knowledge platform and outcome of the career assessment tool. The orientation program must cover necessary approach/ models for pre-training and post-training counselling needs. Simultaneously, candidates will have access to a range of information sources supporting the varied routes opted, from a job opportunity to "on-the-job training/ apprenticeship" possibilities to further training.

5. Group Counselling by Career Counselling Agency: There will be an option of group counselling interaction (spanning 60 to 90 Minutes) by the counsellors on correct interpretation of the career assessment report. The group session counselling to provide candidates with sources for accessing multiple information supporting varied routes opted, from a job opportunity to "on-the-job training/apprenticeship" possibilities to further training.

6. Personalized Counselling session by Career Counselling Agency: There will be an option to conduct a personalized counselling session for 30Minutes in offline mode (in classroom) or online mode, based on the career assessment report.

7. Aptitude Assessment: An aptitude test evaluates/ predicts what an individual can do or can learn or do if they are given access to proper instructions. Aptitude assessment assesses an individual's ability in a particular area. For instance, imagine that a company wants to hire a computer programmer to work for their company. They will probably look at a variety of things, including work history and job performance. Also, an aptitude test can be administered to determine whether the candidate possesses the programming skills necessary to perform the job. This aptitude test is designed to look at a narrow range of ability and competence, for example, how knowledgeable and proficient the candidate is in computer programming coding. Organizations are rapidly moving away from traditional methods of hiring and relying more on online recruitment methods for quick and effective hiring. Aptitude tests are excellent set of tools to find out what a test-taker is good at and what he/she can be good at with the right training. The vast scope and dynamism of aptitude assessment ensures a streamlined process for career choices, academic pursuits and pro-

fessional growth.

8. Wide implementation of Informational Posters/ collaterals: The career counselling initiative will be supported with wider implementation of informational posters relevant to the courses offered at the training centre or any other premise of conducting the career counselling service. These collaterals shall be essential to bridge the informational/awareness gap and will be helpful for mobilization and advocacy of the program. The collateral will include posters on a range of topics, such as Job Role Overview, Career/occupational Map, Job/Placement Opportunities portal information, Competency/ eligibility requirement. Career counsellor will have to conduct online periodic sessions and recorded audio-visual content for candidates. In fact, Career counselling is a life

In fact, Career counselling is a lifelong process. It is not only to make decisions now, but also to provide knowledge and skills to the individuals to make future career and life decisions. It is not just about deciding a job when one graduates. Throughout a person's life, the situation keeps on changing and one has to make a career and take appropriate decisions.

reer and take appropriate decisions.

(Author is an engineer and edu-

China's new Covid-19 outbreak threatens the rest of the World India should avoid repeat of the mistakes of 2020 and afterwards

China's new COVID-19 outbreak threatens the rest of the world. Mathematical models predict one million or more deaths by early 2023, within 90 days from now. Epidemiologists estimate 60 per cent of the population of China and 10 per cent of the world are likely to be infected. This new crisis could shake the world, and India too cannot escape it, as we already experienced after Wuhan outbreak three years ago. Sudden spurt in new infections have also been noticed in Japan, South Korea, Brazil, and the US.

What India can do now is not to repeat the mistakes that the leadership did in the beginning of the outbreak and thereafter. Every entry point into India must be strictly monitored. Focusing on the new infection and related health issues and a strategy to tackle it should be promptly in place, and also a comprehensive strategy to deal with all aspect of the crisis, since what is happening now in China is most likely to disrupt the global supply chain, on which several Indian industries depend for production, which include the industries related to health but not limited to it.

India must take note of the very high speed of the spread of the new variant of Omicron which has started sweeping Beijing and might soon hit the rest of China. It took only 10 days after relaxing of restrictions on December 7. It has triggered panic buying of food, preventive equipment for cold, and medicine and other health related items. No one knows what exactly is happening there since the government there has stopped reporting full daily infections data and has deactivated the COVID-19 tracking app.

Even though what information is

coming out from China indicates the challenges ahead for India, About 90 per cent people have already received the double doses of vaccines against the coronavirus, while about 50 per cent have received the booster third dose. Among the 60 years and elders, 69 per cent have received the booster shots. It is despite these the spread of the new infection could not be controlled. Health facilities, graveyards, and crematoriums are overwhelmed. There are also chances of emergence of new variants. India needs to be alert on the vaccination front and the deadly new Omicron variant that evades immunity.

In India, Union Ministry of Health has already issued alerts, advisories, and instructions to all States and UTs. Centre's genome sequencing notice to states and UTs has already been served. Union Health Secretary Rajesh Bhushan has said that such an exercise will enable timely detection of newer variants, if any, circulating in the country and will facilitate undertaking of requisite public health measures.

India by far, with its focus on the five-fold strategy of test-track-treat-vaccination and adherence to Covid appropriate behaviour, have been able to restrict transmission of coronavirus, which is now about 1200 cases weekly. The country has reported 129 fresh cases of infection with one death in the last 24 hours. There have been considerable relaxations in place including wearing of masks have become not mandatory.

Union Health Minister Mansukh

Union Health Minister Mansukh Mandaviya has even held a high level meeting today with top officials and experts to chalk out the strategy to prevent another spike in COVID-19 infection. Everybody in the meeting were seen wearing masks, though it is not mandatory as per the

government's protocol.

The six points have been identified which also included strategy for blocking incoming cases at the international and domestic airports and other entry points in the country; laying down guidelines for passengers travelling from abroad, and consultation with exerts on new variants.

tion with experts on new variants.

The Chairman of the COVID-19 working group Dr N K Arora has said, "It is an important thing that we keep a close vigil on the Chinese situation. But I would say that there is no thing to be panicked about. There is no need for getting too much worried. They system is very vigilant, we need to be very vigilant."

In the meantime, Union Health Minister has written a letter to Congress leader Rahul Gandhi asking him to ensure COVID rules are followed in his Bharat Jodo Yatra, or he should defer further legs of the Yatra "in the interest of the nation." However, it's unfortunate, that the concern for "national interest" too slow in more important strategies for tackling the threat.

For example, only a network of little over 50 laboratories across the country has been sequencing under INSACOG. The latest advisories to states and UTs for increasing sequencing have not come with the increase of laboratories. Secondly, only a select samples are being sent for sequencing. International passengers are being randomly tested and the detection of positive cases among them are about 2 per cent. Samples are

gathered from designated sentinel sites, and cluster or outbreak in the community. These laboratories are also testing viral RNA in the sewage system. Obviously, we need to sharply increase the number of laboratories now

As for the increased surveillance, there has been no change in the protocol for international arrivals as of now. India is still under the older protocol, which has done away with the need for either a negative RT-PCR or complete vaccination certificate last month. Such a slow decision cannot tackle the China like fast spread of the virus, since there is nothing in place to prevent entry of new infection in the country, despite a fortnight of mightmare in neighbouring China.

Indians and India should take note of the Section to the state the server to the section of the

Indians and India should take note of the fact that the present surge in infection is linked to Omicron subvariant BE7, which is a nomenclature assigned to BA.5.2.1.7, that has already been detected by INSACOG network, as people in know of the matter has reportedly said, but yet to be officially confirmed.

Former AIIMS director Dr Randeep Guleria has said that nearly three years into the pandemic we are in a situation where there has been high natural infection, and the coverage of vaccines is also high. India might not see a similar situation as China, he said.

Let it be so, however, India cannot afford any laxity in preparedness, and must not put off guard against the disease. COVID appropriate behaviour must be put again in place, before we fall into the new nightmare which could prove catastrophic.

(IPA Service)

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Computerization of Land Records completed in over 6.20 lakh villages out of 6.56 lakh villages in India covering over 94% areas in 29 States/UTs

New Delhi, Dec 22:

Department of Land Resources is implementing two schemes namely (i) Digital India Land Records Moderniza-tion Programme (DILRMP) and (ii) Watershed Development Component of the Pradhan Mantri Krishi Sinchayee Yojana (WDC-PMKSY). A brief summary of schemes and achievements is listed below

Digital India Land Records Modernization Programme (DILRMP)

Department of Land Resources (DolR) under Union Ministry of Rural Development today revealed that Computerization of Land Records has been completed in more than 94 percent villages of the country. In a year-ender statement the DoLR said, Record of Rights (RoR) have been com-pleted in more than 94 per cent areas in 29 States/UTs (6.20.166 villages out of total 6,56,792 villages in the country.

Similarly, Computerization of Registration completed by more than 93 per cent in 27 States/UTs (4,905 Sub-Registrar Offices out of total 5.254 SROs) and Integration of Sub Regis trar Offices (SROs) with Land Records have been completed by more than 75 per cent in 20 States/UTs (3983 SROs of the total 5,254 SROs)

Cadastral Maps have been digitized in more than 70 per-cent in 21 States/UTs (1,17,33,176 maps out of total

1,66,61,435 maps). Cadastral Maps, also referred to as Bhu Naksha, are a digital form of land records that show all the boundaries of different parts of land pieces based on their length, area, and direction. With these maps, you can view the ownership status of land pieces in different regions based on your requirements.

Digital India Land Records Modernization Programme (erstwhile National Land Record Modernization Programme) was revamped and converted as a Central Sector Scheme with effect from 1st April, 2016 with 100% funding by the Centre. The objective of DILRMP

is to develop a modern, comprehensive and transparent land record management system with the aim to develop an Integrated Land Information Management System which will inter alia: (i) improve real-time information on land; (ii) optimize use of land resources; (iii) benefit both landowners & prospectors; (iv) assist in policy & planning; (v) reduce land disputes; (vi) check fraudulent / benami transactions (vii) obviate need of physical visits to Revenue/Registration offices (viii) enable sharing of information with various organisations/ agencies. Government has ap-proved extension of DILRMP for a period of five years i.e 2021-22 to 2025-26.

Integrated Land Information Management System provides online single-window ata-glance access to all available. relevant information to give a fair comprehensive position of any plot of land in question to the land owners, concerned oûcers / agencies and interested persons / entrepreneurs etc. The components broadly include linking with banks, courts, circle rates, registry, Aadhar number (by consent). etc. The system has already been rolled out in 321 districts.

Unique Land Parcel Iden-tification Number (ULPIN) or Bhu-Aadhar

Unique Land Parcel Identification Number (ULPIN) system is a 14-digit Alpha–numeric unique ID for each land parcel based on Geo-coordinates of vertices of the parcel which is of international standard and complies with Electronic Com-merce Code Management Association (ECCMA) standard and Open Geospatial Consortium (OGC) standard, is being implemented across the country. ULPIN will have ownership details of the plot besides its size and longitudinal and latitudinal details. This would facilitate real estate transactions,

help resolve property taxation issues and improve disaster planning and response efforts,

ULPIN has, so far, been rolled out in 24 States viz. Andhra Pradesh, Jharkhand, Goa, Bihar, Odisha, Sikkim, Guiarat. Maharashtra. Rajasthan, Haryana, Tripura, Chhattisgarh, Jammu & Kashmir, Assam, Madhya Pradesh, Nagaland, Mizoram, Tamil Nadu, Punjab, Dadar and Nagar Haveli, and Daman and Diu, Himachal Pradesh, West Bengal, Uttar Pradesh and Uttarakhand. Further, Pilot testing of ULPIN has been done in 8 more States / UTs- Kerala, Karnataka, Puducherry, Nicobar Andaman & Nicobar, Manipur, Delhi, Ladakh and

Generic Document Registration System (NGDRS)

In order to have a uniform process for registration for deeds/documents, "One Nation One Registration Software Namely National Ge-neric Document Registration System (NGDRS)" is being implemented in States/UTs.

As on November 2022, NGDRS has so far been implemented in 17 States /UTs namely Punjab, Andaman & Nicobar, Manipur, Goa, Himachal Pradesh. Maharashtra, Dadar and

Kashmir, Chhattisgarh, Tripura, Ladakh, Bihar, Albarah, Meghalaya and Uttarakhand.

Linkage of e-Courts with Land Record / Registration

of e-Courts with Land Record to make authentic firsthand in-Courts resulting in speedy disposal of cases and ultimately, reduction in land disputes. The benefits inter alia include: (i) first-hand information for courts on substantive and authentic evidence of map including Geo referenced and legacy data, (ii) the inforof the disputes, (iii) reduce promote ease of living.

Pilot test for linking of eCourts with land record and registration data base has been undertaken successfully in three states namely, Haryana, Maharashtra and Uttar Pradesh in association with Department of Justice through a Committee constituted in the Department.

Nagar Haveli and Jammu and

Database

The objective of Linkage and Registration Database is formation available to the Record of Rights, Cadastral mation useful for deciding admission as well as disposal quantum of land disputes in the country and could lead to ease of doing business and

Till now, 26 States/UTs have received necessary clearances from the concerned High Courts for integration of e Courts Application Software with the land records application software and registration database. These States in-clude: Tripura, Madhya Pradesh, Rajasthan, Assam Arunachal Pradesh, Mizoram, Nagaland, Himachal Pradesh, Bihar, Uttar Pradesh, Manipur, West Bengal, Andaman & Nicobar Islands Telangana Jharkhand, Delhi, Sikkim, Meghalaya, Punjab, Haryana, Chandigarh, Karnataka, Chhattisgarh, Tamil Nadu, Puducherry and Andhra

Run 2022-2023 Enters Maharashtra

NCC's Unity Flame



The Unity Flame Run being welcomed by NCC officers in Yavatmal on Wednesday.

By Raju Vernekar Mumbai, Dec 22:

The Unity Flame Run 2022-2023 organised by the Directorate General, National Cadet Corps (NCC), New Delhi, from Kanyakumari to New Delhi entered Yavatmal in Vidarbha region of Maharashtra on the Day 32 on Wednesday. The 3000 km Run with mis-

sion of "Ek Bharat Shrestha Bharat" was flagged off on November 20 at Kanyakumari as a part of the Platinum Jubilee Celebrations of NCC.

It will reach New Delhi on January 14,2023, after passing through Tamilnadu, Karnataka, Andhra Pradesh, Telangana, Maharastra, Madhya Pradesh, Rajasthan, Pradesh and Haryana Col Krishan Singh Badhwar, Col Devender Singh Malik and Col NA Jha are part of this run.

The Run which began from Mavala in Adilabad District of Telangana, entered Maharashtra via Yavatmal af-ter covering 1600 kms on Wednesday, During this mega event, a large number of NCC cadets, ex NCC cadets and NCC staff are joining enroute for limited distance. It will reach Nagpur on December 24. The theme "Unity and Diversity" and slogan "Ek Bharat Shresht Bharat" are guiding lines for the run and the flame is being carried for 50 kms per for 60 continuous days. The NCC was raised in

youth organisation in the world and the cadets are mean ingfully contributing nation-building. The "University Corps" was set up under Indian Defence Act 1917, with the objective to make up the shortage of the Army. In 1920 Indian Territorial Act was passed and the "University Corps" was replaced with "Uni versity Training Corps"(UTC). The aim was to raise the status of the UTC and make it attractive to the youth. Subsequently the National Cadet Corps Act was accepted by Governor General and the NCC came into existence on July 15,1948 The NCC is a voluntary

1948. It is the largest uniformed

military cadet corps under the Union Ministry of Defence and is open to school and college students. The primary aim of the NCC is to create a pool of organized, trained and motivated youth to provide leadership in all walks of life and be always available for the service of the nation.

From national-level cam-Abhiyan", which is the big-gest cleanliness drive to be undertaken by any single organization to initiatives like "Ek Bharat Shreshtha

Bharat Shreshtha Bharat camps", "Swachh Bharat Campaign", "Har Ghar Tiranga" and "Exercise Yogdan" (Covid Relief Campaign), NCC cadets have left a large and last ing footprint in every way.

How to Score Good marks in Board Exams with just one month of preparation



10th and 12th board exams soon approaching and the last few months are the most crucial ones for your preparation. It anyway isn't easy to prepare for an exam that is touted as one of the biggest exam of your life. As a youngster, board exams are probably the first challenge you will face among the many other challenges that you will face later in life.

But the good part is, You can easily score 90+ even with just one month of preparation. And, you just have enough time to be prepared.

With little over a month left for the exam, here are some useful tips that can help you prepare yourself for the exam in faster and better way.

Manage your time

When too little time is left. the first thing you must focus on is-time management. Your fate in the exam depends on how well you manage time. Ensure you give the required amount of time to each subject based on your proficiency and the vastness of the syllabus.

One way to plan your study could be to start preparing for exams in the reverse order, that is, prepare first for the last exam such that you start preparing for the first exam about 1 week before the date.

Study textbooks thoroughly:
Building concepts without

learning the basics is an un-healthy and tiresome way of studying. Textbooks provide thorough knowledge of the basics and once a student gains this knowledge of the basics, he can solve other reference books as well easily.

There is generally very little chance of a question beyond your prescribed textbooks. Ensure you are well versed with each concept and topic in your textbook. Do not ignore diagrams, tables or graphs as questions can be asked from any section.

Take regular breaks:

The optimal period of con-tinuous study is 2 hours. Each period of 2 hours can again be broken down into intervals of 1 hour followed by 10 minutes of break. When you are on 'break', you should keep your mind free from any exam related thoughts or stress. If you use the break time to discuss the syllabus with friends or plan your next round of studying, then your mind is not on a break. If your mind doesn't take a break, the next round of studying is not to be as effective

Shift between different subjects:

No one likes studying maths for 6 straight hours. Give yourself a mix of subjects each day so that you decrease your chances of losing interest really quickly.

Do not have all easy sub-

over burden yourself with top-ics that you find difficult. To maximize your result, start your day with a easy subject/topic for an hour or so, once you get warmed up, take up a difficult subject or a topic.

Solve past year's question

Try to solve at least 5 past year's question papers to get an idea of the exam pattern and popular questions. Solving previous year question papers will boost your confidence. You will also be able to understand the kind of questions to be expected in the exam and prepare accordingly. Try to finish solving during the allotted time as mentioned on the question paper to check your speed as required in the final Board Exami-

Mathematics for different boards including Maharashtra State Board, CBSE, ICSE etc. which you can download easily by visiting our Previous year Question Papers of Mathemat-

ics section.
CBSEClass 10th Maths Previous year Question Paper CBSE Class 12th Maths Pre-

vious year Question Paper Sleep well to boost memory:

Most students stay up late till night to finish revising before exams. You need to remember that it is proper sleep that turns your short term memory(what you just studied), to long term memory(what you can recall sitting in the exam hall). So, sleep 7-8 hours every night to make sure all of your day's studying is actually

retained by your brain.

Drink a glass of hot milk before going to bed in case you are facing trouble getting

Explain what you have learned:

One quick test that can tell you how much you have learned is trying to explain the concepts of a topic to someone who doesn't know it vet. It could be your sibling, parent, grandparent or for that matter anyone who is ready to listen to you patiently. The moment you face trouble trying to explain a certain concept in common man's terms. you will understand that you probably need another revi-

Free Practice Test Night before and the day

of the exam:
The night before the exam is very much crucial for your exam and your exam's performance pretty much depends upon that. Too much cramming, minutes before, can send your brain into a spin. You should ideally just take review for each topic you feel important or less confident

Close your book 1/2 hour before the exam starts and feel relaxed and worry free and full of self-confidence before the exam.

The last but not the least important one is to have fun. There is still enough time to improve your performance and score better marks.

Study your syllabus, pre-pare well and give your papers in a cool state of mind. Examinations are just to test your understanding of sub-

ject and not to scare you. So, keep aside the stress, Believe in yourself and get down to work!

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Police Officers Not Required.....

It is worth noting that the Bench then observes in para 17 that, "We have reservations regarding the reasoning given in paragraph 10 of the impugned judgment as it fails to take notice and properly apply the law of judicial review. Judicial review is not akin to adju-dication of the case on merits, and adequacy or inadequacy of evidence, unless the court finds that the findings recorded are based on no evidence, per-verse or are legally untenable in the sense that it fails to pass the muster of the Wednesbury principles (See Paragraph 14 in Central Industrial Security Force and Others v. Abrar Ali, (2017) 4 SCC 507.). Power of the High Court under Articles 226 and 227 of the Constitution of India enables exercise of judicial review to correct errors of law, including procedural law, leading to manifest injustice or violation of principles of fairness, without normally venturing into re-appreciation of evidence (See Paragraphs 12-16 in Union of India and Others v. P. Gunasekaran, (2015) 2 SCC 610.). The writ court, when dis ciplinary action is challenged. is primarily concerned with examination of the decision making process, which requires satisfaction that the competent authorities have held inquiry as per the prescribed procedure, and have duly applied their mind to the evidence and material placed on record, without extraneous matters being given undue consideration, and the relevant factors have been cogitated. The conclusions of fact. which are based upon evaluation and appreciation of evidence, when meticulously reached by the authorities, should not be interfered with merely because the court may have reached at a different conclusion. Thus, error of law, is apparent in the reasoning vide naragraph 10 of the impugned judgment."

Most significantly, the

Bench then leaves not even an iota of doubt making it indubitably clear holding in para 18 that, On the question of proportionality of punishment, we have to observe that the facts in the present case are startling and distressing, Respondent No. 1 -Santosh Kumar Pandey is not a police officer, and even police officers are not required to do moral policing, ask for physical favour or material goods

concludes in para 19 holding that, "In view of the aforesaid factual and legal position, we accept the appeal and set aside the impugned judgment. Ac-cordingly, Special Civil Application No. 13718 of 2004 filed by Respondent No. 1 – Santosh Kumar Pandey before the High Court will be treated as dismissed. The order of removal from service passed by the dis-ciplinary authority is upheld. In the facts of the case, there shall

be no order as to costs."

All told, we thus see that the Apex Court has taken a zero tolerance approach in this leading case towards the men in uniorm who indulges in misconduct and condemned the moral policing by the police. This alone explains why Apex Court upheld the dismissal of Santosh umar Pandey who was a CISF police officer from service for harassing a couple at night. The Gujarat High Court judgment was set aside and the punishment of dismissal was thus again restored

Imphal Times

Centre asks States to create hand washing facilities and train teachers to impart hygiene education to students in all the schools

New Delhi, Dec 22:

Centre has asked the States and UTs to create hand washing facilities with the provision of soap, and train teachers to impart hygiene educa-tion to students in all the schools across the country. States/UTs have been asked to fast track the provision of stand-alone piped water sup-ply solutions and simple, sustainable solar solutions

In a joint advisory issued by the Department of School Education & Literacy Ministry of Education; Ministry of Jal Shakti; NITI Aayog; Ministry of Rural Development and Panchayati Raj, it is mentioned that the rejuvenation of basic infrastructure including improved sanitation facilities and provision of safe drinking water and maintaining the over all cleanliness in the Government schools has long been a priority of the Government. Some of the programmes being implemented in mission-mode like Swachh Bharat Mission-Grameen (SBM-G) and Jal Jeevan Mission (JJM) are going a long way in improving

the living standards ofthe people. The Swachh Bharat Mission (Grameen) has transformed rural India by manifesting into a Jan Andolan for sanitation. Under Phase -ll of the Swachh Bharat Mission (Grameen), the focus is on Open Defecation Free (ODF) sustainability and solid and liquid waste management. Following the saturation approach, the objective, is to ensure that no one is left behind from access to improved including the Schools.

It is further mentioned that under ODF Plus, it is also to be ensured that all schools in villages have arrangements for management of bio-degradable waste and grey water. It is important to ensure that all the toilets in the schools are in proper functioning condition. However, some of them may require retrofitting from single pit to twin pits. This may be done as part of the on-going campaign of retrofitting from

single pit to twin pits.
The Unified District Information System for Education (UDISE) Report 2021-22 suggests some gaps in toilets and hand washing facilities. Centre has asked states that all these gaps need to be filled by following the saturation approach. Further, hand washing facilities with the provision of soap may be created in all the schools. It is also essential that hygiene education is imparted to the children on all aspects of hygiene. For this purpose, at least one teacher in each school must be trained in hygiene education who in turn should train the children through interesting activities and community projects that emphasize hygiene behaviour. A chapter on Swachhta has been included in supplemen-tary material at primary level developed by NCERT to inculcate good hygiene practices in the schools

The advisory also mentioned that under Jal Jeevan Mission, making provision of safe tap water supply in schools, anganwadi centres, Ashram Shalas is a top priority of the Government for ensuring good health and wellbeing of our children. This critical intervention was launched in a campaign mode on 2nd October, 2020, aimed at bringing focus on the public

health dimension of young children by assured supply of safe drinking water, especially in time of pandemic. So far, as per UDISE+2021-22 data, out of around 10.22 lakh Government schools, functional drinking water facility has been provided in 9.83 lakh [96% approx.) government schools

approx.) government schools.

The advisory mentioned that flexibility has been given to the State/UTs to provide stand-alone piped water supply solutions instead of waiting for the completion of the village water supply infrastructure for the Schools and simple sustainable solar solutions

may also be provided. Centre asked States to fasttrack these projects in view of the importance of safe water for the overall health and wellbeing of our children.

Any requirement of funds for repair or construction of toilets, hand washing facilities or drinking water may be met from funds being released under 15th Finance commission, State Finance Commission, MGNREGS. District Mineral funds and any other sources, following the extant guidelines of these schemes/sources

'Step up surveillance, wear masks': Union Health Minister addresses Parliament amid Covid concerns



Agency New Delhi, Dec 22:

Amid a spurt in Covid cases in some parts of the world, Health Minister Mansukh Mandaviya on Thursday asked states to remain alert and create awareness about wear ing face masks and using hand sanitisers, especially in view of upcoming festivals and new year celebrations.

Making a statement in Lok Sabha, Mandaviya said the continuously evolving nature

of the virus poses threat to global health in a way that impacts virtually every country.

The minister said India has been reporting 153 new cases on an average every day as against 5.87 lakh on a daily basis across the world.

"In view of upcoming festivals and new year celebrations, states also need to focus on ensuring effective awareness within the community on adherence to COVIDappropriate behaviour which includes use of masks, hand hygiene and respiratory hygiene practices, besides following physical distancing," he

Mandaviva said states have been advised to focus on heightened surveillance within the community and to undertake requisite control and containment measures.

He said states have also been advised to increase the whole genome sequencing of all positive cases for timely dection of newer variants, if any.

Mandaviya said states should ensure the coverage of COVID-19 vaccine's precaution doses are increased and awareness about them raised.

The minister said two per cent random sampling of all in-ternational passengers has already started from Thursday at all international airports to minimise the risk of ingress of any new variant into the coun-

Contd. from Page 1

Wear masks at....

up the whole genome sequencing of positive samples of COVID to keep track of emerging variants. Besides, the Centre also reviewed the COVID-19 situ-

India's 1st human space flight to be launched in end of 2024: Centre

Agency New Delhi, Dec 22:

India's first human space flight, Gaganyaan, is targeted to be launched in 2024, the Union government told the parliament on Wednesday.

In a written reply to a question in the Lok Sabha on Wednesday, Jitendra Singh, minister of state (independent charge) of science and technology, atomic energy and space, said the crewed Gaganyaan mission-H1 mission-is being targeted to be launched in the

fourth quarter of 2024.

"In view of the paramount importance of crew safety, two test vehicle missions are planned before the 'H1' mission to demonstrate the performance of crew escape system and parachute-based deceleration system for different flight

conditions," Singh's reply read. Singh said the uncrewed 'G1' mission is targeted to be launched in the last quarter of 2023 followed by the second uncrewed 'G2' mission in the sec-ond quarter of 2024, before the final human space flight 'H1' mis-

sion in the fourth quarter of 2024.

Isro's Gaganyaan project envisages demonstration of human spaceflight capability by launching crew of three members to an orbit of 400km for a threeday mission and bring them back safely to earth, by landing in Indian sea waters

"The project is accomplished through an optimal strategy by considering in-house expertise, experience of Indian industry, intellectual capabilities of Indian academia and research institu tions along with cutting edge technologies available with international agencies," a senior Isro scientist said, asking not to be

The scientist said. "The prerequisites for Gaganyaan mission include development of many critical technologies including human-rated launch vehicle for carrying crew safely to space, life support system to provide an earth like environment to crew in space, crew emergency escape provision and evolving crew management aspects for training, recovery and rehabilitation of

Singh said the G1 mission

will carry a humanoid as pay-

The minister said the astronaut designates for human space flight mission have been identified and are currently undergoing their mission specific training at Bengaluru.

"Regular physical fitness sessions, aeromedical training and flying practice are also part of crew training. Corresponding evaluation and assessment activities have also been completed. The second semester of crew training is currently in progress," the reply added.

In the wake of a sudden surge in COVID-19 cases in some countries such as Japan, South Korea, Brazil, China and the US, the Centre has sounded an alert of a possible spread of the virus

The Central government has urged all states and Union territories s to ramp ation in the country on Wednesday, and directed officials to be alert and strengthen surveillance.

Sports

Lionel Messi agrees to extend PSG contract, say reports

Agency Paris, Dec 22:

his World Cup triumph by agreeing to stay at Paris Saint-Germain, local media claimed Wednesday, as he attempts to steer the French side to an elusive Champions League

title.

The 35-year-old, who led Argentina to victory in the World Cup final against France in Oatar last weekend will pen a one-season extension to his current deal in the French capital which expires in

Le Parisian and RMC Sport



reported that Messi will sit down with PSG president Nasser Al-Khelaifi and other top club officials when he returns after his World Cup

Messi joined PSG in 2021 on a two-season deal with an

option for another year after having spent his entire professional career with Barcelona.

The seven-time Ballon d'Or winner collected four Champions League titles in 2006, 2009, 2011 and 2015 in Spain as well as 10 La Liga

On Sunday, he inspired Argentina to a penalty shootout win over France in the World Cup final after the epic match had finished 3-3 in extra time

Messi, named player of the tournament, scored twice in the game with PSG teammate Kylian Mbappe grabbing a hat-trick for France

English League Cup 2022-23: Manchester United beat Burnley 2-0, Brighton lose to Charlton Athletic

Manchester (England), Dec

London Marcus London - Marcus Rashford marked his return from World Cup duty with a brilliant solo goal as Manchester United advanced into the quarter-finals of the League Cup on Wednesday with a 2-0 win over Burnley while Premier League rivals Brighton were knocked out by third-tier Charlton

United's first game since the World Cup — and their first since Cristiano Ronaldo's dramatic departure from Old Trafford — saw them go ahead in the 27th minute through Denmark's Christian Eriksen, who also featured at Qatar 2022.

Rashford, who scored three goals for England at the World Cup, doubled United's lead against second-tier Championship leaders Burnley, managed by former Manches

Kompany, just before the hour mark in superb style.

The England forward went on a run from inside his own half and into the visitors' box before drilling a shot low into

Brighton bowed out on spot-kicks three days after their Argentina star Alexis Mac Allister won the World Cup with Argentina in a penalty shoot-out.

Mac Allister was not involved on Wednesday after being given time off follow-ing his World Cup heroics and was thus spared any involvement at the south-east Lon-don home ground of League One Charlton.

A goalless draw saw the game go to penalties and af-ter Addicks goalkeeper Ashley Maynard-Brewer saved from Moises Caicedo's penalty, it was left to Sam Lavelle to score the decisive goal as Charlton booked their

place in the quarter-finals with a 4-3 shootout win.

Nottingham Forest, fourtime winners of the League Cup, had no such problems against lower league opposition, the top-flight strugglers defeating Championship high-flyers Blackburn Rovers

Ewood Park through Brennan Johnson's 13th-minute pen-alty before Scott Wharton made amends for conceding the spot-kick by equalising on the stroke of half-time.

But further goals from sse Lingard, Taiwo Awoniye and Johnson again took Forest into the quarterfinals for the first time since

The eighth quarterfinalist will be determined Thursday when Manchester City hosts

Liverpool.

The Premier League resumes on Monday, December.

Delhi to Host Asian Wrestling Championship in 2023

New Delhi, Dec 22:

The 2023 senior Asian Championship will be held in New Delhi from March 28 to April 2, announced the United World Wresting (UWW)

which has also allowed a twokilogram weight tolerance for wrestlers at Ranking Series events from the next year.

The Asian Championship will be held in New Delhi for the second time in three years. The Indian capital had hosted the tournament in February

The 2kg weight tolerance was approved by the UWW Bureau on Monday when it met to finalise the calendar for 2023.

"The two-kilogram weight tolerance was also put forward to the Bureau and it was readily accepted. The move will promote wrestler to compete in their preferred weight class instead of an upper weight classes in future Ranking Series events," according to UWW website.